Good Women Dance Collective created the following *Support Request Form* in 2023 as part of their Balancing Act Level UP! Pilot Project.

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If you have any questions or would like to discuss these materials, please contact Balancing Act at balancingact@theatredirect.ca.

GOOD WOMEN
DANCE COLLECTIVE

BALANCING ACT

Good Women Dance Collective
Support Request Form

This form is part of Good Women Dance Collective (GWDC)'s Pilot Care Policy and Procedure. It is intended to aid in the creation of a plan that supports you during your engagement with GWDC. We invite you to fill it out at any point up to two weeks before your contract or program with GWDC begins.

The information provided will be submitted to Alida Kendell and will be seen/reviewed by the following GWDC collective artists: Deviani Andrea, Molly McDermott, Rebecca Sadowski, and Alison Kause. The Board of Directors may be consulted for third-party guidance. While we may not be able to fulfil all requests at this time, we will do our best to create solutions with you that address your unique situation. Following your submission of this form, a GWDC collective artist will be in touch to create your Support Plan. If submitting a Google Form is not an accessible method of requesting support for you, please contact Alida at alida@goodwomen.ca to discuss preferred alternatives.

Before filling out the form, please review the following details about allocation of care-related financial support:

- Financial support is only available for contracted project artists at this time.
- Up to $500 may be requested. If you provide care to more than one person you may request up to $500 per person.
- Financial support offered by GWDC through this fund cannot be used for: rent/mortgage/deposits, emergency relief, credit card/debt issues, legal expenses, or long-term medical expenses.
- Financial support will be issued as a reimbursement upon submitting receipts or invoices, unless otherwise requested.
- Financial support may be treated as taxable income.
- GWDC sets an annual goal to allocate $500 per contracted artist per contract to be available for care support, but this will not always be possible. If there are not enough financial resources to fulfill everyone's care support requests, neutral members of GWDC will assess where the greatest needs lie and allocate resources accordingly.

1. Name and pronouns: *

2. Phone number: *

3. Email address: *

4. Program you are participating in OR project you are contracted for: *

5. Program/project start and end date: *

6. Do you have a specific solution in mind for how we can remove barriers to your participation in this project? We invite you to outline it here, as these details will help GWDC provide individualized support and allow for a broader understanding of the range of solutions we could be offering.

7. Please provide context around the barriers you experience and the ways in which they make it challenging for you to fully participate in artistic projects. Providing context is optional. This information can support the creation of policy and procedures that aim to remove barriers within GWDC.

8. Would you benefit from supportive conversations with a neutral party of GWDC regarding your support needs before and/or during the project?

9. If you are requesting financial support, how much are you requesting?

10. Please describe what the funds will be used for.

11. What date do you need these funds by?

12. **Self Evaluation:** GWDC uses the below matrix to consider how to allocate available resources during a project and to have a better understanding of what we are able to offer. We ask that you honestly evaluate, to the best of your knowledge, where your support needs fall on the matrix, and to consider if there are other workers on the project who would benefit more from support:

    Please identify which option best describes your situation: *

    - ☐ A - I cannot participate in the project without these supports.
    - ☐ B - These supports will make it easier for me to participate in the project.
    - ☐ C - It would be wonderful to have these supports during the project.

13. Is there anything else you would like us to know about your participation in this project?